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| Language learning planning worksheet |
| Plan | Routine |
| Main Goal: |  |
| Goals for this month:* What skills do you need to train to reach your main goal?
* What is your current level?
* What will you do to train this skill?
 | Core Study Time:When do you have time you can focus on language study (What time of day, how often)? What will you do during this time? Do each of these activities help you reach your goals? |
| Dead-time:Do you have time during the day when you must do something else, but that you could also use for some extra language learning? Examples: driving, waiting in line, walking to the bathroom, etc. |
| Down-time: What activities do you do to relax that you could also do in the language you are studying? (Watching Movies/TV, listening to music, reading books, etc.) |